

User Direction

CARESENG[®] SG2

【Brand Name】

CARESENG[®] SG2

【Active Ingredient】

Each softgel capsule contains 80mg of Dammarane Sapogenins.

【Other Ingredients】

Ethanol, Mid-Chain Triglyceride, Vegetable Oil, Gelatin, Glycerin, Distilled Water

【Package】

Large package: Each bottle contains 300 capsules.

Small package: Each bottle contains 120 capsules.

【Suggested Usage】

- Take 15 capsules (1200mg) per day with warm water for a consecutive of five days in a week for four weeks continuously. Depending on individual's situation, may take continuously for up to twelve weeks or longer.
- Three times daily with 1-hour intervals. Two hours after meal, take 5 capsules each time. Choose one from the following three options:
 - *Morning plan*: If take breakfast at 7am, then take 5 capsules each time at 9am, 10am and 11am respectively; or
 - *Afternoon plan*: If take lunch at 12pm, then take 5 capsules each time at 2pm, 3pm and 4pm respectively; or
 - *Evening plan*: If take dinner at 5pm, then take 5 capsules each time at 7pm, 8pm and 9pm respectively.
- For those who tolerate well, may either combine morning and afternoon plans, or combine afternoon and evening plans. Total six times daily, 30 capsules (2400mg) per day.

【Cautions】

Not recommended for individuals under 21 years of age, or women during pregnancy.

【Storage】

Store in a cool, dry place below 25°C. Do not freeze. Keep out of reach of children.

【Expiry Date】

Shown at the bottom of the packaging.

【Lot Number】

Shown on the label.

【Manufacturer】

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